



RURAL HEALTH SCHOLARS

Cultural Immersion Trips 2019-2020

All students must be in the Cultural Immersion Seminar the semester your trip goes and attend all Cultural Immersion Trip meetings (in person or via video) that meet before the trip.

Scholars at Southern Utah University, Dixie State University, USU-Eastern, and Snow College offers several cultural immersion trips to current RHS members and affiliates. Cultural immersion trips serve to expose students to underserved communities domestically and abroad. During these trips, students gather experience, patient exposure, language skills, and healthcare provider shadowing.

Southern Utah University
rhs@suu.edu
435-865-8573

Dixie State University
dixierhs@dixie.edu
435-879-4362

Snow College
rhs@snow.edu
435-638-7449

USU-Eastern
john.weber@usu.edu
435-613-5665

Registration Information:

- Payment opens on July 1st, 2019
- Register online: www.suu.edu/ruralhealth

Dominican Republic-Winter Break

- **When:** Friday, December 13, 2019 (depart from Las Vegas late evening Friday), return late Saturday December 21, 2019.
- **Cost:** \$2,000, which includes lodging, flight, and food in the Dominican Republic.
 - Non-refundable deposit of \$500 required to reserve spot
 - Remaining \$1,500 balance due by November 1, 2019
- **Activities:** Working with Solid Rock International (<http://www.solidrockinternational.org/>) conducting four days of rural health screenings. Specific opportunities for dental and physical therapy students are available upon request (must request by Sept. 15, 2019). The clinic days include basic health screenings along with a Spanish translator and Dominican nurses/physicians.
- **Requirements:** Valid U.S. Passport, hepatitis series (A&B), flu shot (within the season), and updated Tdap (within 10 years **All students must be in the Cultural Immersion Seminar and attend all Cultural Immersion Trip meetings (in person or via video) that meet before the trip.** All required forms must be submitted in a timely manner.

Panama-Spring Break

- **When:** Friday, March 13th, 2020 (depart from Las Vegas late evening) – late Saturday, March 21st, 2020
- **Cost:** \$2,200, which includes lodging, flight, and some meals.
 - Non-refundable deposit of \$500 required to reserve spot
 - Remaining \$1,700 balance due by January 15, 2020
 - Students are expected to pay for several additional meals
- **Activities:** Working with Global Medical Training (<http://www.gmtonline.org/>) conducting health screenings. Specific opportunities for dental and physical therapy students are available upon request (must request by Dec. 13th, 2019 – 3 months prior).
- **Requirements:** Valid U.S. Passport, hepatitis series (A&B), flu shot (within the season), and updated Tdap (within 10 years **All students must be in the Cultural Immersion Seminar and attend all Cultural Immersion Trip meetings (in person or via video) that meet before the trip.** All required forms must be submitted in a timely manner.



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Four Corners-Spring Break

- **When:** Sunday, March 15th, 2020 (afternoon) – Friday, March 20th, 2020
- **Cost:** \$500, which includes lodging, transportation, and most food. Payment in full required when you register.
- **Activities:** Shadowing in Native American hospitals and clinics with Utah Navajo Health Services. This is a great opportunity to experience a rural healthcare setting in a unique cultural area. There is little to no service activities on this trip.
- **Requirements:** Hepatitis series (A&B), flu shot (within the season), 2Step TB test, MMR, TDap (within 10 years), and Varicella required. *This is the most expansive trip to take in terms of required immunizations, as it is mostly shadowing.* Students must also complete HIPPA training with Utah Navajo Health Services. **All students must be in the Cultural Immersion Seminar and attend all Cultural Immersion Trip meetings (in person or via video) that meet before the trip.**

Dominican Republic-Summer Break

- **When:** Friday, May 8, 2020 (depart from Las Vegas late evening) - late Saturday, May 16, 2020
- **Cost:** \$2,000, which includes lodging, flight, and food in the Dominican Republic.
 - Non-refundable deposit of \$500 required to reserve spot
 - Remaining \$1,500 balance due by April 1, 2020.
- **Activities:** Working with Solid Rock International (<http://www.solidrockinternational.org/>) conducting four days of rural health screenings. Specific opportunities for dental and physical therapy students are available upon request (must request by March 11, 2020). The clinic days include basic health screenings along with a Spanish translator and Dominican nurses/physicians.
- **Requirements:** Valid U.S. Passport, hepatitis series (A&B), flu shot, (within the season) and updated Tdap (within the past 10 years). **All students must be in the Cultural Immersion Seminar and attend all Cultural Immersion Trip meetings (in person or via video) that meet before the trip.** All required forms must be submitted in a timely manner.

Nepal-Summer Break

- **When:** Sunday, May 3rd, 2020 (depart from Las Vegas late evening) - late Sunday, May 17th, 2020
- **Cost:** \$1,500, which includes lodging and food in Nepal. **Flights Not Included.**
 - Non-refundable deposit of \$500 required to reserve spot
 - Remaining \$1,000 balance due by April 1, 2020.
- **Activities:** Shadowing and community education with Dhulikhel Hospital <https://www.dhulikhelhospital.org/>, students will get the opportunity for 3 days to tour local historic areas.
- **Requirements:** Valid U.S. Passport, hepatitis series (A&B), flu shot, (within the season) and updated Tdap (within the past 10 years). **All students must be in the Cultural Immersion Seminar and attend all Cultural Immersion Trip meetings (in person or via video) that meet before the trip.** All required forms must be submitted in a timely manner.