

# Suicide Prevention

If you notice a student who:

Talks of suicide/death, expresses hopeless/helpless, feels like a burden to others, shows signs of self-harm/risky behavior, shows a drastic change in mood/behavior/appearance.

Follow these steps:

Is the student an immediate danger to themself/others?  
Ask directly, "are you thinking of harming yourself or others?"

Yes.

Contact campus law enforcement  
435-586-1911

Or

Walk the student to CAPS

This will mobilize an immediate  
response

After the student has received the  
appropriate safety measures, submit an  
Incident Report at  
[www.suu.edu/safety/report.html](http://www.suu.edu/safety/report.html)

No.

Ask the student clarifying questions to  
better understand what is happening and  
what resources would be helpful.

Or

Submit an Early Alert or Incident Report. A  
non-clinical case manager will follow up  
with the student.

Follow up with the student as is appropriate. If you are uncomfortable with this process,  
please contact the Dean of Students Office for support. 435-586-7710

## Mental Health Matters

