

THE GUIDE TO

# BECOMING A BLACK COMMUNITY ALLY

## TIPS:

- Stop telling racist jokes, and we can stop laughing at racist jokes.
- Understand that black people face struggles that we do not.
- Be intolerant of intolerance.
- Confront your racism and don't be fragile/fall back on guilt.
- Be proactive about inclusion in your daily life.
- Do the work to be inclusive.



## ACTIONS:

- Temper the knee-jerk reaction to be offended and do a little research, educate yourself.
- Actively participate in diversifying media (and your own media intake) to include black voices.
- Teach our children about race.
- Make black friends, make an effort to diversity your social spheres.
- Stop making an anecdotal self-experience (I've been there too...) discount what we're learning about a black person's story/experience.
- Start and encourage dialogues across difference.
- Use your privilege (and your physical and monetary resources) to support Black people, issues, businesses and projects.

## BE INFORMED | ALLYSHIP RESOURCES:

- **Blavity**, How to Be a White Ally: <https://blavity.com/how-to-be-a-white-ally/>
- **The Root**, 12 Ways to Be a White Ally to Black People: <https://www.theroot.com/12-ways-to-be-a-white-ally-to-black-people-1790876784>
- **Black Lives Matter**, #TalkAbout Trayvon: A Toolkit for White People: <https://blacklivesmatter.com/resource/talkabout-trayvon-a-toolkit-for-white-people/>

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