



**Drug and Alcohol Abuse Prevention Program**



*Office of the President*

Dear Members of Southern Utah University:

Southern Utah University is dedicated to providing a safe and healthy environment for its students, faculty, and staff. SUU recognizes that our community often needs education and assistance because a person significant to them is afflicted with chemical dependency, or because they require support in their own decisions not to use or misuse alcohol and other drugs.

On an annual basis, the federal Drug-Free Schools and Campuses Act (DFSCA) requires institutions of higher education to disseminate information related to their Drug and Alcohol Misuse Prevention Program (DAAPP). The DAAPP will provide the following information:

1. A written statement about its standards of conduct that prohibits the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees;
2. A written description of legal sanctions imposed under Federal, state, and local laws and ordinances for unlawful possession or distribution of illicit drugs and alcohol;
3. A description of the health risks associated with the use of illicit drugs and alcohol misuse;
4. A description of any drug or alcohol counseling, treatment and rehabilitation/reentry programs that are available to students and employees; and
5. SUU's statement on disciplinary sanctions that may be imposed on students and employees for violations of the University's policies on Alcohol and Other Drug Misuse.

In addition to this information, SUU will conduct and publish a biennial review of our DAAPP to ensure the growth of our program and its effectiveness.

We encourage you to review the on-line information, and to consult it as a valuable resource throughout the year. You may find more information by visiting the Health and Wellness Center, located in the Sharwan Student Smith Center, suite 175 or by calling 435-865-8435.

Sincerely,

Mindy Benson  
President of Southern Utah University

## **Southern Utah University Policy**

University policy prohibits possession, consumption or distribution of hallucinatory narcotic or other illegal drugs & possession, consumption or distribution of alcoholic beverages on campus, including athletic events. Off-campus University functions are subject to state and local laws, and any student convicted of a crime committed on or off campus is in violation and may be subject to campus discipline. It is the duty of staff and students to report violations of campus regulations. Violations of the alcohol, tobacco & other drug policy will be coordinated through the Office of Vice President of Student Affairs. The sanctions taken may include but are not limited to: Referral for assessment to the Substance Abuse Program Administrator, appearance before a University Standards Committee, probation, suspension, or expulsion. The purposes for disciplinary action are to maintain the University's integrity, protect the rights of individuals and help people solve their problems.

## **Legal Sanctions**

Federal, State, Local Law Federal and Utah State laws prohibit the use of illicit drugs and actions related to the abuse of alcohol. Summarized below are the general federal and state laws relating to drugs and alcohol.

## **Alcohol and Tobacco Laws and Penalties**

### **Driving Under the Influence (DUI)**

It is illegal to drive or be in physical control of a vehicle while under the influence of alcohol or other drugs. Utah's Implied Consent law requires submission to blood alcohol content (BAC) test. Refusal will result in revocation of license for one year. You are in violation if your BAC is .05 or greater or the officer judges you to be impaired.

Penalty: Up to 6 months imprisonment and/or \$1,000 fine, rehabilitation assessment and education class, suspension of license for 90 days, or \$100 to victim restitution fund. Accident, injury or death will increase penalties. Class B misdemeanor

### **Minor in Possession (MIP)**

It is illegal for minors (under 21) to buy, possess (even hold) or drink alcohol.

Penalty: Up to 6 months imprisonment and/or \$1,000 fine. Class B misdemeanor.

### **Not-a-drop**

You are in violation if you are under 21, have consumed any amount of alcohol and are driving.

Penalty: Lose license for 90 days, required substance abuse assessment, and may still face DUI and MIP laws.

### **Open Container**

It is illegal to drink any alcoholic beverage while operating, or as a passenger in a vehicle (parked or moving), or have an open container in vehicle.

Penalty: Up to 6 months imprisonment and/or \$1,000 fine. Class B misdemeanor.

### **Selling, furnishing or supplying alcohol to a minor**

You are in violation if you provide alcohol to a minor.

Penalty: Up to 1 year imprisonment and/or up to a \$2,500 fine. Class A misdemeanor.

### **Intoxication**

A person is in violation if he is under the influence of intoxicating liquor or other substances to the degree that the person may endanger himself or others in a public or private place and unreasonably disturbs others.

Penalty: Imprisonment in jail or detoxification center if necessary for protection of self or others. Class C misdemeanor.

### **Tobacco use or possession**

It is unlawful for any person under the age of 19 to purchase or possess tobacco in any form.

Penalty: Maximum \$500 fine. Class C misdemeanor.

### **Utah Indoor Clean Air Act**

Prohibits smoking in a public place, public meeting or any government building. (All buildings on SUU campus).

Penalty: Maximum \$500 fine. Class C misdemeanor.

### **Alcohol Health Risks**

#### **Possible Effects**

Psychologically and physically addictive, respiratory depression, depression of the immune system, increased risk of accidents injury due to violence, heart disease, cancer, hypertension, brain damage, impotence at high dosage levels, drunk driving crashes. In addition, alcohol use increases the risk of unwanted sex, unwanted pregnancy, sexually transmitted diseases and acquaintance/date rape. Mothers who drink during pregnancy may give birth to infants with Fetal Alcohol Syndrome. These infants have irreversible physical abnormalities and mental retardation. Research indicates that children of alcoholic parents are at greater risk of becoming alcoholics.

#### **Withdrawal Symptoms**

Repeated alcohol use can lead to dependence. Sudden cessation is likely to produce

withdrawal symptoms including: severe anxiety, tremors, hallucinations and convulsions. Alcohol withdrawal can be life-threatening. Long-term consumption of large quantities of alcohol, combined with poor nutrition, can also lead to permanent vital organ damage.

## **Effects of Overdose**

Very high doses cause respiratory depression and death. If combined with other depressants of the central nervous system, much lower doses of alcohol will produce the effects just described.

For more information about Utah's alcohol laws, visit:

[https://le.utah.gov/xcode/Title32B/32B.html?v=C32B\\_1800010118000101](https://le.utah.gov/xcode/Title32B/32B.html?v=C32B_1800010118000101)

The National Institute of Alcohol Abuse & Alcoholism (NIAAA) provides comprehensive information and resources associated with alcohol abuse. Some of the major health risks of alcohol abuse include alcohol dependence, lasting effects on the brain, violence and injury, and suicide. Visit [www.niaaa.nih.gov](http://www.niaaa.nih.gov) for more information. For college students in particular, visit [www.collegedrinkingprevention.gov](http://www.collegedrinkingprevention.gov).

## **Drug Health Risks, Laws and Penalties**

Federal: [Federal Drug Trafficking Penalties](#)

### **Schedule I**

**Substance:** Narcotics, such as heroin; hallucinogens such as LSD, mescaline, and peyote.

### **Health Risk**

Psychologically and physically addictive; depression, withdrawal symptoms, convulsions, unpredictable behavior with hallucinogens; possible damage to unborn fetus.

### **Penalties**

- Minimum penalty:
  - Low end amount (depends on drug): 5 to 40 years
  - High end amount: 10 to life
- Maximum fine: \$2 - \$4,000,000
- If death or serious injury occurs: 20 years to life
- Up to 5 years and/or up to \$5,000 fine, (3rd degree felony)
- From 1-15 years and/or up to \$10,000 fine, (2nd degree felony)

### **Schedule II**

**Substance:** Narcotics such as opium, morphine, methadone, codeine; depressants, such as methaqualone (quaalude) and some barbiturates; stimulants, such as cocaine and some

amphetamines; and phencyclidine (PCP), a hallucinogen.

### **Health Risk**

Psychologically and physically addictive; depression, withdrawal symptoms, convulsions, respiratory failure, frequent accidents; possible damage to unborn fetus; cocaine and amphetamines increase blood pressure which can lead to irregular heartbeat and death; amphetamines can cause agitation; increase in body temperature, hallucinogens, convulsions, possible death.

### **Penalties**

- Minimum penalty:
  - Low end amount (depends on drug): 5 to 40 years
  - High end amount: 10 to life
- Maximum fine: \$2- \$4,000,000.
- If death or serious injury occurs: 20 years to life
- UP to 5 years and/or up to \$5,000 fine, (3rd degree felony)
- From 1-15 years an/or up to \$10,000 fine, (2nd degree felony)

### **Schedule III**

**Substance:** Stimulants (including some amphetamines); depressants (including some barbiturates); and some narcotics.

### **Health Risk**

Psychologically and physically addictive; drowsiness, withdrawal symptoms, abdominal and muscle cramps, anxiety, tremors, insomnia, convulsions, possible death, possible damage to unborn fetus.

### **Penalties**

- All drugs, any amount. Maximum: 3 years/\$250,000
- Up to 6 months and/or up to \$1,000 fine, (Class B misdemeanor)
- Up to 5 years and/or up to \$5,000 fine, (3rd degree felony)

### **Schedule IV**

**Substance:** Depressants, including the benzodiazepine (e.g., valium, Librium, and dalmane), chloral hydrate, some barbiturates, and others (e.g., opium, codeine) than drugs included in schedules I-IV.

### **Health Risk**

Psychologically and physically addictive; drowsiness, withdrawal symptoms, abdominal and

muscle cramps, anxiety, tremors, insomnia, convulsions, possible death, possible damage to unborn fetus.

### **Penalties**

- All drugs, any amount. Maximum: 3 years/\$250,000
- Up to 6 months and/or up to \$1,000 fine, (Class B misdemeanor)
- Up to 5 years and/or up to \$5,000 fine, (3rd degree felony)

### **Schedule V**

**Substance:** Chemical compounds with smaller quantities of certain substances (e.g., opium, codeine) than drugs included in schedules I-V

### **Health Risk**

Psychologically and physically addictive; drowsiness, withdrawal symptoms, abdominal and muscle cramps, anxiety, tremors, insomnia, convulsions, possible death, possible damage to unborn fetus.

### **Penalties**

- All drugs, any amount. Maximum: 1 year/\$100,000
- Up to 6 months and/or up to \$1,000 fine, (Class B misdemeanor)
- Up to 1 year and/or up to 5 years and/or \$2,500 fine, (Class A misdemeanor)

### **Marijuana**

**Substance:** Marijuana, THC, hashish, hash oil, tetrahydrocannabinol

### **Health Risk**

Psychologically and physically addictive; increased risk of lung cancer, bronchitis, and emphysema, contributes to heart disease, fatigue, paranoia, possible psychosis; withdrawal symptoms including insomnia, hyperactivity and decreased appetite; depression of the immune system, decreased sperm count in men and irregular ovulation in women, possible sperm and ovum change.

### **Penalties**

- Marijuana
  - Under 50 kg. Maximum: 5 years/\$250,000
  - 50-100 kg. Maximum: 20 years/\$1,000,000
  - 100-1,000 kg. Maximum: 5 - 40 years/\$2,000,000
  - Over 1,000 kg. Minimum: 10 years - life/\$4,000,000
- Hashish/Oil

- Under 100 kg. Penalties are more severe from like quantities of marijuana
- Under 1 oz. Up to 6 months and/or up to \$1,000 fine, (Class B misdemeanor)
- 1-16 oz. Up to 1 year and/or up to 5 years and/or \$2,500 fine, (Class A misdemeanor)
- 16 oz +but less than 100 lbs. Up to 5 years and/or \$5,000 fine, (3rd degree felony)
- Over 100 lbs. From 1-15 years and/or up to \$10,000 fine, (2nd degree felony)

For more information about Utah drug laws, visit:

<https://le.utah.gov/xcode/Title58/Chapter37/58-37-S8.html>

Visit <https://www.dea.gov/factsheets> for more specific drug information

Note: This is not a complete listing of health risks. Any drug use (including alcohol) increases the risk of impaired learning, accidents, violence, injuries, acquaintance rape, unwanted pregnancies and sexually transmitted diseases. For more information, contact your physician, pharmacist, or The Office of Substance Abuse Prevention Education. \*Penalties increase one degree if incident occurs within 100 feet of a church, school, stadium, theater, etc.

### **Campus and Community Resources:**

#### **Counseling and Psychological Services, Bennion Building Second Floor, Cedar City, UT. (435) 865-8621**

CAPS is staffed with experienced licensed mental health professionals including psychologists, social workers, and mental health counselors who work with students to reduce the interference of everyday stress and also treat more serious conditions.

#### **Health and Wellness Center, Sharwan Smith Center Off. 175, (435) 865-8435**

The SUU Health & Wellness Center improves student success by promoting holistic health and well-being of students through comprehensive programming, peer-to-peer support, resource connection, and preventative education.

#### **SUU Police, 36 North 300 West, Cedar City, UT. (435) 586-1911**

The Department of SUU Police has the motto, "Working with you to make our university a safer place to learn." This is the everyday goal to make sure the learning experience is a safe and enjoyable one. With the assistance of every member of the SUU campus community, this is a realistic and attainable goal. Our vision for the department is to be a national model for public universities regarding SUU police services.

#### **Cedar City Hospital, 1303 N Main St, Cedar City, UT. (435) 868-5000**

Offers a comprehensive range of medical services to meet our community's needs. All Services, Treatments, and Detection Methods.

#### **FourPoints Health has an office on SUU's campus in the Bennion Building and a community clinic at 440 North Paiute Drive, Cedar City, UT.**



**(435) 867-1520**

FourPoints Health provides high quality preventive and primary health care to patients regardless of their ability to pay. The clinic asks about alcohol and substance use as part of the check-in process of the patient registration and it is inputted as part of the patient's health history. When with a provider, they are able to have a one-on-one interview about substance misuse and they can receive treatment options based on the information shared. There are medications that can be prescribed to help with a treatment plan as well as referrals for counseling that can help provide resources for the patient.

**Lions Gate Recovery, 535 S Main St #2, Cedar City, UT. (866) 471-9476**

Lion's Gate Recovery provides holistic addiction treatment that is tailored to the individual needs of their clients. Their methodologies include EMDR based trauma work, spiritual wellness and twelve-step facilitation. They provide residential, day and outpatient treatment as well as recreational therapy.

**Southwest Behavioral Health Center, 245 E 680 S, Cedar City, UT. (435) 867-7654, 24 hour Emergency Service (800) 574-6763**

Southwest Behavioral Health Center is to assist clients, families, and communities in preventing and recovering from severe and persistent mental illness and addiction.

**Horizon House, 54 N. 200 E., Cedar City, UT. 84720, (435) 586-2515**

Horizon House offers gender specific residential treatment, available at two separate locations. Both locations are licensed 45+ day substance misuse treatment facilities. The treatment offered combines group and individual therapy, education classes, anger management, communication skill building and relapse prevention. The residential portion of treatment (Phase I) is followed up by Phases II and III which are outpatient services and are provided in each of the five Southwest Counties.

**[Southern Utah University Policy: Student and Employee Drug and Alcohol Conduct Policies](#)**

**Student Conduct Code**

University Policy #11.2 is the Student Code of Conduct. Section V.B.10 of the Student Code governs student behavior on campus. The Student Code specifically prohibits the, *“the possession manufacture, sale, use, consumption or delivery of alcoholic beverages or controlled substances, or paraphernalia associated with the use of alcohol or other controlled substances is prohibited on campus by SUU policy”*. (Policy #11.2, section V.B.10.a)

The Student Code states that *“Use or possession of alcoholic beverages or controlled substances by students off campus is governed and controlled by the laws of the state and/or local law enforcement agencies.”* The code also states that *“SUU will cooperate with state and/or local law enforcement agencies...to counteract known violations of University policy and*

*state and local laws by students or groups associated with the University.” (Policy #11.2, section V.B.10.b)*

Violation of the Student Code may result in one or more of the following sanctions:

Warning, Educational Experiences, Monetary Fine, Community Service, Restitution, Formal and/or Public Apology, Parental Notification, Disciplinary Probation, Social Suspension, Disciplinary Suspension, Disciplinary Dismissal, Removal from Housing, Loss of Privilege to Represent the University.

The Student Conduct Administrator, Student Conduct Officer, and the University Appeals Board (UAB) may impose any one, or a combination of, the following sanctions commensurate with the gravity of the Non-Academic Misconduct and the conduct history of the accused student or organization. (Policy #11.2, section VII.B.2.H). The matrix below represents examples of actions that could be or are typically taken with students who violate the Student Code regarding alcohol and drug use on campus. Local, state, and federal laws may also apply to alcohol and drug violations.

1 <sup>st</sup> Violation	2 <sup>nd</sup> Violation	3 <sup>rd</sup> Violation and beyond
<ul style="list-style-type: none"> <li>· University unit or organization specific disciplinary action (e.g., Athletics, Greek System, Housing and Residence Life)</li> <li>· Meeting with University Conduct</li> <li>· Warning</li> <li>· Monetary Fine</li> <li>· Educational Experience (E-Chug or E-Toke, no fee)</li> <li>· Disciplinary Probation</li> <li>· Parental Notification</li> <li>· Legal Consequences</li> </ul>	<ul style="list-style-type: none"> <li>· Meeting with University Conduct</li> <li>· Monetary Fine</li> <li>· Community Service</li> <li>· Restitution</li> <li>· Formal and/or Public Apology</li> <li>· Parental Notification</li> <li>· Disciplinary Probation</li> <li>· Educational Experience (Clinical Assessment at their cost)</li> <li>· Removal from University Housing</li> <li>· Legal Consequences</li> </ul>	<ul style="list-style-type: none"> <li>· Meeting with University Conduct</li> <li>· Educational Experience (Clinical Assessment at their cost)</li> <li>· Parental Notification</li> <li>· Community Service</li> <li>· Disciplinary Probation</li> <li>· Social Suspension</li> <li>· Disciplinary Dismissal</li> <li>· Legal Consequences</li> </ul>

**Faculty and Staff Policy and Discipline**

[University Policy #5.9](#) is the University’s Drug-Free Workplace policy. This Policy’s purpose and scope are:

Purpose: To provide a policy for the maintenance of Southern Utah University's commitment to a drug and alcohol free workplace that is in compliance with appropriate state and federal statutes.

(Policy #5.9, section I)

Scope of Policy:

- A. This policy applies to all employees of Southern Utah University including faculty, officers of administration, staff, full-time, part-time, temporary, and student employees.
- B. All present and/or future employees covered under this policy agree to perform under the terms and conditions of this policy, as a condition of employment with the University
- C. A copy of this policy will be distributed to current employees at the time of initial approval and to all newly hired employees thereafter.

(Policy #5.9, section III)

[University Policy #5.9](#), section VI.F outlines the sanctions and procedures for imposing discipline for violations of the University's Drug Free Workplace policy. Progressive sanctions will be imposed under the discipline policies of the University found in the Faculty Policies ([#6.1 Faculty Evaluation, Promotion, and Tenure](#), [#6.6 Academic Freedom](#), [#6.28 Faculty Professional Responsibility](#)) or the Personnel Policies and Procedures for Non-academic staff ([#8.3.5 Termination of non-academic staff employees and disciplinary sanctions](#)).

Any employee of the University who violates the Drug-Free Workplace policy may be required to participate in a drug or alcohol abuse assistance or rehabilitation program approved by the Director of Human Resources in accordance with Federal Law.

Policy 5.9, Section VI.F states:

The University may impose disciplinary sanctions upon any employee who is determined to have violated this policy. Progressive sanctions will be imposed under the discipline policies of the University found in the Faculty Policies or the Personnel Policies and Procedures for Non-academic staff, as applicable. Depending on the frequency and seriousness of the offense, additional sanctions may be imposed as follows:

1. Satisfactory participation in an alcohol, drug, or substance abuse assistance or rehabilitation program. This step will be mandatory for second-time offenders of any violation of this policy or any first-time offender who is convicted in a court of law of a workplace offense, unless the offense is deemed serious enough to result in termination.

2. A mandatory requirement that an employee who is convicted in a court of law for a workplace violation of this policy provides notification of the conviction to the University Human Resources Office within five (5) days of the conviction. Failure to do so could result in immediate termination.
3. The University must impose sanctions on an employee convicted of a workplace violation within 30 days of the conviction. The minimum sanctions that will be imposed upon an employee convicted of a violation include participation in an education/rehabilitation program as outlined in above and mandatory probation for at least 90 days with weekly supervisory reviews. The University reserves the right to terminate any employee convicted of a workplace offense if it is deemed to be in the best interest of the University to do so and is consistent with the Institution's policies referenced in Section IV. All convictions resulting from buying, selling, transferring or trafficking controlled substances in the workplace will be cause for mandatory termination.