

Telemedicine Services: 2023-2024

Teladoc Telephone Doctor Access - 100% Company Paid

If you are enrolled in medical coverage through Southern Utah University, you are eligible for this benefit. Southern Utah University offers a telemedicine benefit administered by Teladoc to help you when you need immediate care.

You have 24 hours a day, 365 days a year on-demand access to affordable, quality healthcare through Teladoc anytime, anywhere. By phone or by internet, Teladoc gives you access to a national network of Board-Certified physicians that can diagnose and treat most minor medical conditions as well as prescribe medications whether you are at work, home, or on the road. On average, in under 10 minutes you'll be connected with a board-certified doctor and on your way to getting better in less time than it would take you to drive to your nearest healthcare provider. You receive quality care when and where you need it most and at a fraction of the cost of an ER or urgent care visit.

Common Conditions Treated

- Allergies
- Arthritic Pain
- Asthma
- Bronchitis
- Colds and Flu
- Diarrhea
- Infections
- Insect Bites
- Pharyngitis
- Conjunctivitis (Pink Eye)
- Rashes
- Respiratory Infections
- Sinusitis
- Skin Inflammations or Cellulitis
- Sore Throats
- Sprains and Strains
- Urinary Tract Infections
- Sports Injuries
- Vomiting
- Other Non-Emergency Conditions

Save Time and Money

Let the doctor come to you. Whether you or someone in your family wakes up with the flu at 2:00 AM or you discover while on vacation that you forgot your medication, Teladoc brings you the convenience of anytime, anywhere care. If needed, they can send prescriptions electronically to the pharmacy of your choice.

The Patient Experience

- On-demand video consultation
- Internet, phone, smartphone, and tablet compatibility
- Secure eHealth records
- Prescriptions sent via ePrescribe
- Patient education materials
- Follow up e-mails after consultation

See a Doctor Faster

Don't wait until you're sick to register. Create your account today so that you will be able to connect with the doctor faster when you're sick.

To register, call 1-800-Teladoc OR Visit www.Teladoc.com - it's easy.

1. Click "Get started" or "Sign up"
2. Confirm Benefits. Provide some information about yourself to confirm your eligibility.
3. Select benefit provider. Pick your health platform (UMR) from the drop-down menu and enter your health plan ID (found on your ID card).
4. Create account. Enter your contact information, username, password and security questions.

Once your account is created, eligible dependents under 18 years of ages can be added in your account settings under the primary member. Dependents older than 18 should follow the steps above to created their own account.

Easy to use

Getting care is just a click or phone call away. Log in or call to schedule a consultation on demand.

Cost

You will have \$0 cost when using Teladoc services - deductible and co-pay do not apply.